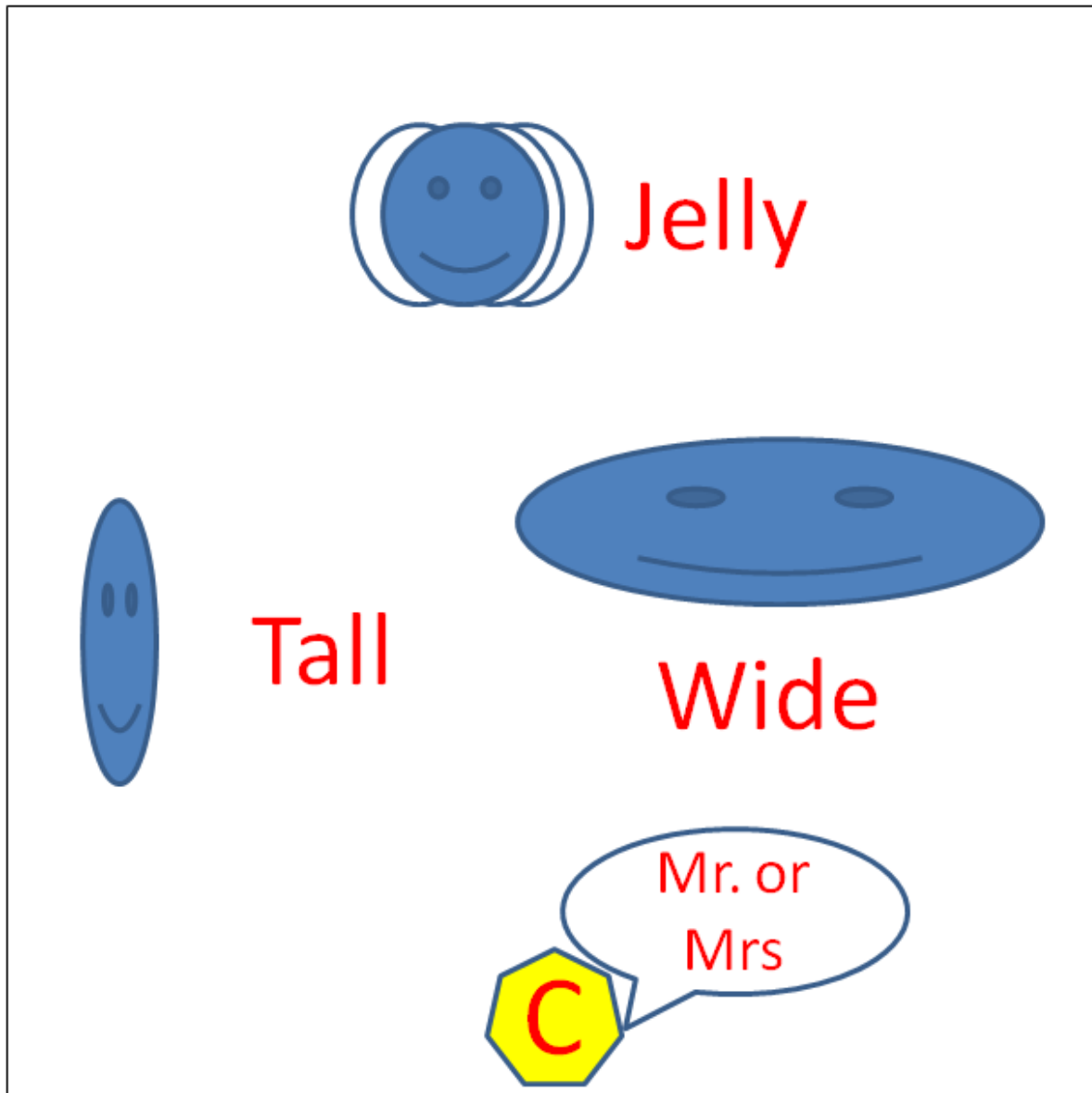


Mr & Mrs Game



How to Play?

- Coach says the name of a Mr Man and children have to move like them: Example
- **Mr. Slow** –move slowly
- **Miss. Rush**- move fast
- **Mr. Jelly** – shake your whole body
- **Mr. Crouch** – crouch and move
- **Miss. Tall** – Stretch up & move
- **Mr. Strong** – Move about flexing your muscles
- **Mr. Bounce** etc..
- The children can add their own ideas.

Mr & Mrs Game

Make it harder

- The children can add their own ideas.
- Use more complex instructions (Mr Roly, Mr Shimmy)
- Challenge children to move between actions.

Make it easier

- Use simple instructions.
- Complete actions while stationary.