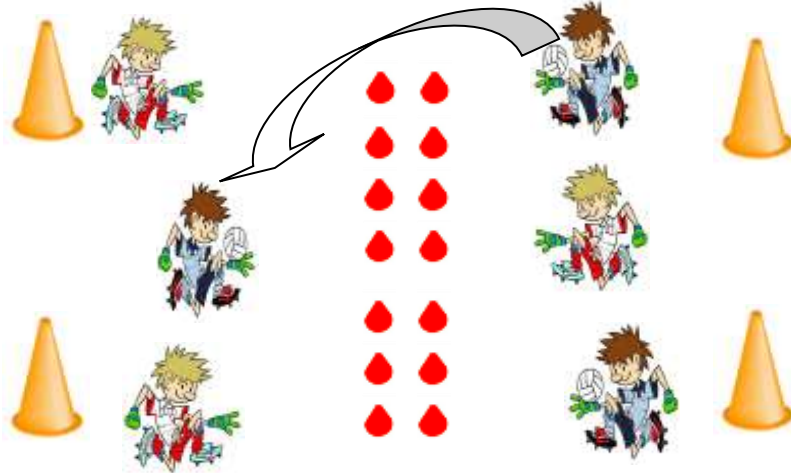


COURT GAME: Game 4

GAME: Scout Ball



FOCUS

- Movement off the ball to find space in front, behind or to sides
- Spatial Awareness - Looking up and making decisions whether to find scout or aim for space

RULES - HOW TO PLAY

- Mark out 3 Zones as shown (Big zones 8m x 8m with middle zone of 8m x 2/5m depending on skill ability of children)
- 2 Teams - 3 v 3 With 1 Scout on either team
- Players on one side aim to send ball to Scout or floor space on other side of barrier
- Scout may move anywhere for a pass on his/her side of barrier
- All players must stay in their own zone

Scoring

- 2 Points for "Scout" winning possession
- 1 Point for sending ball into free floor space



HARDER

- 2/3 passes between teams before it crosses over, gives time for “scout” to pressure
- Send by Hand/Fist/Punt
- Scout to score by sending ball through goals at back of court

EASIER

- Allow handling only
- Change space, smaller if they are finding difficulty to defend, larger if they cannot score

COACHING POINTS

HEAD

- Keep eyes on the ball until it is caught
- When kicking keep head down and on foot for count of ‘2’ until after ball has gone

HANDS

- Make hands into shape of ball
- When kicking allow ball to roll off both hands then hand of kicking foot only

FEET

- Get your feet behind all balls when receiving
- When kicking use laces and keep toe pointed as low as possible. This is known as a HARD FOOT

EQUIPMENT

- Balls x 2
- Hoops x 6
- Multi markers