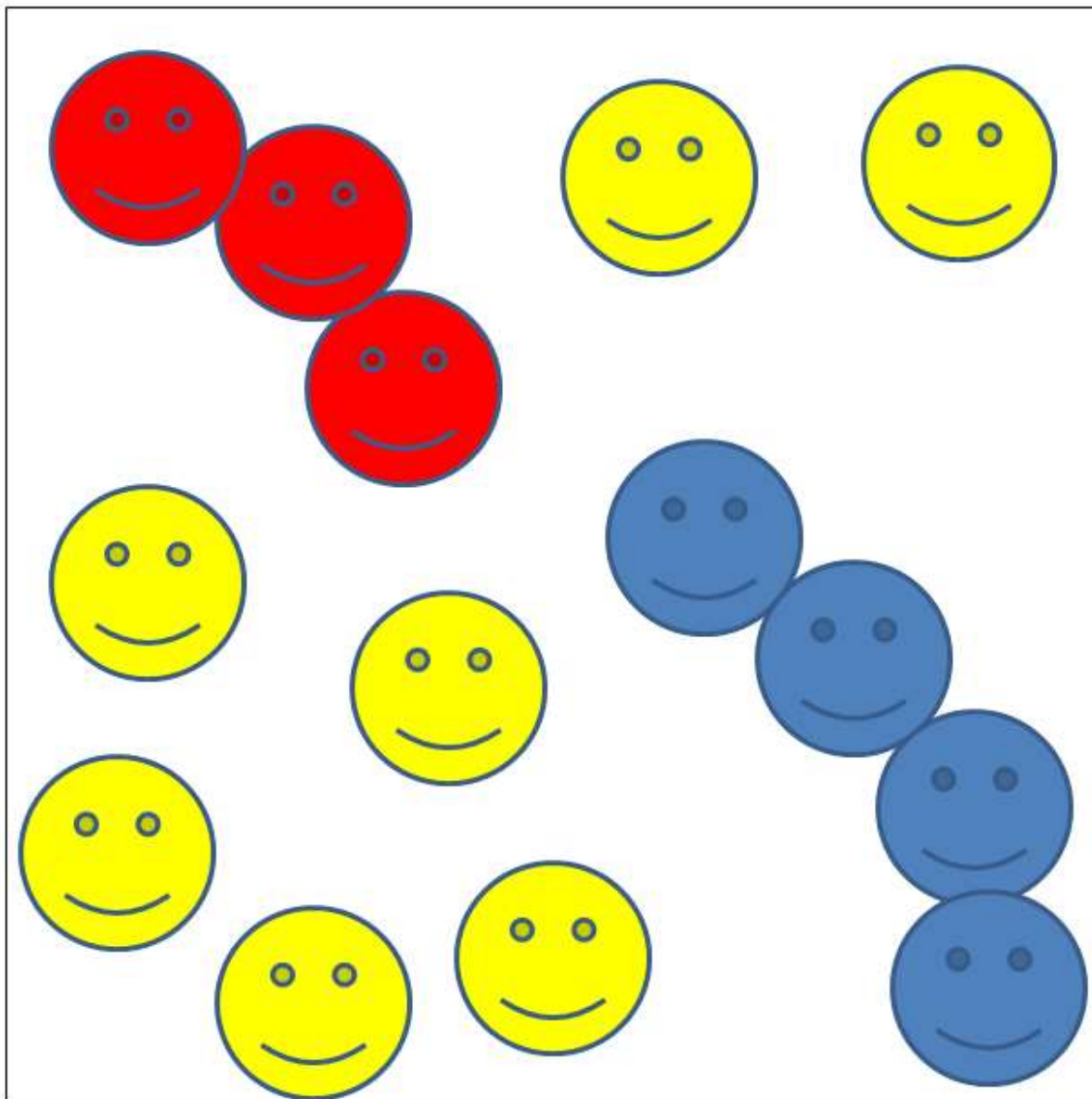


# Chain Tag



## How to Play?

- Coach chooses 1 person to be on "it".
- When she/he tags someone they hold hands and tags another child until four children are in the chain.
- The next (5<sup>th</sup>) child caught puts on a bib and starts a new chain, allowing original group to go free.

# Chain Tag

## Tips

- Ensure plenty of space for movement.
- Coach children to use fast feet and short quick steps in order to evade catchers.
- Teamwork within the chains is the key.

## Make it easier

- Walk rather than run.
- Reduce space.
- After 3<sup>rd</sup> person caught start new chain.

## Make it harder

- Change from running to hopping, skipping or backwards.