

Back To Back



Side to Side



Back to Back



Face to Face

How to Play?

- Children move about the area and on coach's command to stop children must get back to back to the pupil closest to you.
- Have an odd number playing so that the last person not standing back to back must stand out each time.
- This person then gets to call back o back and rejoin the game.

Back to Back

Make it harder

- Challenge them to jog/sprint.
- Challenge children now go side to side, hip to hip, lying down feet to feet.
- Use a smaller playing area.

Make it easier

- Walk /crawl according to ability.
- Use a larger area in order to give more time to find a partner.
- Keep instructions simple.