

## Free counselling with fully qualified therapists

Pieta provides free, one-to-one professional counselling for people who are in suicidal crisis, those who are self-harming, and people who have been bereaved by suicide. Our services are now available in Cavan and Monaghan and our therapeutic approach is rooted in compassion and care.

Monaghan Outreach Service
Castleblayney, Co Monaghan

Cavan Outreach Service
Cavan Town, Co. Cavan

0818 1111 26

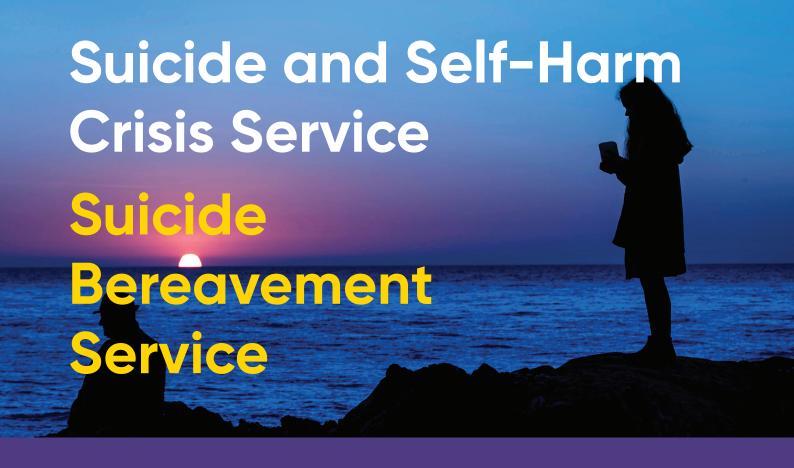
Call to book an appointment

24/7 HELPLINE 1800 247 247

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